

update

Vol. 6, No. 3

April 20, 1983

Spring Fling

Ah ... Spring is bursting out all over and it's time to get into the swing of things. And there is no better way to get into the swing of spring than at the Spring Fling. That's right ... April 29 is almost here and we hope that you will join us as we swing the night away.

This year the fun will be at the Holiday Inn West and it will kick off with a happy hour from 7:00-8:00 P.M. This will be followed by a buffet dinner which will include seafood newburg, london broil, lasagne, salad, peas and mushrooms, au gratin potatoes and a choice of desserts.

Getting tempted? Well how about swinging to the sounds of "E-Z Street" from 9:30 P.M. until whenever. The word from the team that we sent out to scout this group is that they never returned. They're still out there dancing some place.

So, why not change your calendar and make the first day of spring April 29. Then plan on ushering it in with a feast and some dancing.

Spring Fling invitations were mailed to all Hospital Center employees, medical staff members, volunteers and auxiliary members on April 11. If you have not received one contact the public relations office (ext. 3084).

Hospital Center Tours Available

How many times have you been talking to friends or members of your family and had them ask if you could get them in to "see" the hospital? How about the times you heard someone say something that made it clear they had no idea what the Hospital Center is all about? Ever wished that you could get those people in for a tour? Well now you can! In response to many requests from both the public and staff members, the public relations department will begin running expanded tours of the Hospital Center.

In honor of the tenth anniversary of the Burn Foundation, we will begin the tours during the third week in April and will feature the Burn Center as well as many other departments. Notices will run in the newspapers to let the public know about this new service but we hope that you will also help spread the word. For further information and registration contact the public relations department (ext. 3084).

Employee survey

Your opinions, concerns and suggestions are important to the management team here at the Hospital Center. As a result, Ellwyn Spiker has announced that the Hospital Center will be conducting an employee survey, the most thorough ever conducted here. The survey, which will be mailed to all employees during the second week in April, will give staff members the chance to make suggestions, voice opinions, and list concerns.

Input from the staff is very important to the success of the Hospital Center. We provide the community with one of the best health care services available and the employees here play a major role in making that service possible. When the Hospital Center opened its doors in 1974, the staff was fairly small. During the past nine years, however, the services provided by the Hospital have grown and this has resulted in a larger, more complex staff. As the size of the staff has increased, it has become harder to stay in touch with employee opinions and concerns. The survey will help solve this problem.

An outside consulting firm will handle the survey so that staff members feel free to express their opinions. The consulting firm, Towers, Perrin, Forster, and Crosby (T.P.F.&C.), has an international reputation for conducting surveys such as this in major businesses and hospitals. Some of the major hospitals they have surveyed are Children's Hospital of Philadelphia, Crozer-Chester Medical Center and Hahnemann Hospital. Each employee of the Hospital Center will receive a questionnaire which includes a number of multiple choice questions. The questions will give staff members the chance to indicate how they feel about numerous job related issues. Following the multiple choice questions will be a space for written comments. Finally, there will be a card on which everybody will have the chance to suggest the names of people they think would be good at representing their views in group discussions with representatives from the survey company. These group discussions are an important part of the survey and will include only people who want to participate. The questionnaire, when completed, will be returned to T.P.F.&C.

The Hospital Center expects to receive the results of the survey from T.P.F.&C. during August and *Update* will carry full coverage of those results when they are received. Management at the Hospital Center will respond to problems highlighted by the survey and will work with the staff to come up with realistic solutions. Remember, the success of this effort to include staff input depends upon the number of questionnaires returned. So please complete your questionnaire when you receive it and encourage your fellow staff members to do the same.



The Center Welcomes

To Admitting

Sally Gibson

To Burn Foundation

Barbara Glendon

To Cardiac Catheterization Laboratory

Donna Black

To Dietary

C. Jeff Conway

David Skok

To Escort Services

Kevin Parsons

To Heart Station

Marilyn Hunsicker

To Housekeeping

John Allegranzi

Barbara Burritsch

Edward Deschler

Martha Heiser

Jean Orendach

Susana Marra

Brian Strobl

To Laboratory

Karen Fellin

Rosita Hanily

To Library

June Fisher

To Medical Records

Deborah Chiapetta

Arlene Evans

Maxine Flaherty

Robin Hammond

Evelyn McVeigh

Susan Mengle

Rhonda Pletz

Loren Schneider

To Nursing Services

Kelly Aver

Susan Borman

Violet Brown

Lois Douglass

Linda Gorman

Kathleen Grogan

Denise Hinkle

May Daze '83

Spring! Only a few weeks away, which means it's time to think about flowers, crafts, food...May Daze!

This year, some aspects of our festival that we need your support for include:

Books—All types of books are needed. A book barrel is located in the main lobby of the Hospital Center.

Flea Market—Now that spring cleaning is upon us, remember our Flea Market. Don't throw away those attic treasures and unwanted items—bring them to volunteer services starting April 15, or call Barbara Sander, 435-9223, if you have any questions. Also, paper bags of all sizes are needed. So remember, April 15 has two significations—the IRS wants your 1040 form and May Daze wants your attic treasures.

Food—Jo Nichter and her co-chairs wish to remind you about the baked goods stand. Please be generous with your baked goods—we hope to have more items to sell than in previous years.

Volunteers—We need volunteers for all phases of May Daze. Come join the fun and good friends and sign up to work with us. Sign up sheets are in volunteer services. Just leave your name with Jane Powers or Michele Dannecker, and we will see that you are directed to the proper person.

Special Events—Anyone interested in some free publicity by performing at May Daze—please contact Diana Gottshall after 5:00 P.M., at 432-4921. We are looking for things that have to do with this year's theme—Circus.

The May Daze Committee is still looking for someone to chair the children's games committee. Anyone interested should call Diana Gottshall at 432-4921, or Petey Shoemaker at 965-5854.

Child Care Center news

There have been inquiries about summer program plans at the Hospital Center's Child Care Center. The center will provide summer care for children who are age eligible (6 weeks to pre-school). For the convenience of those who need care for older children, we have compiled a list of centers in the vicinity that have programs for school age children.

If you are interested, please stop in at the center or call us at 3000.

To Nursing (Continued)

Regina Jones

Susan Knerr

Kathleen Mayer

Marilyn Meder

Mary Miale

Phyllis Mullin

Concetta Poklemba

Rita Reichart

Lisa Stock

Anne Tannous

Mary Ellen Theroux

To Outpatient/Emergency Department

Patricia Snyder

To Pharmacy

Gary Fields

To Physical Therapy

Betty Attilio

To Planning

Marilyn Steinleitner

To Pulmonary Function

Michael Smith

To Purchasing

Maureen Stauffer

To Radiology

Karen Karwacki

Alice Sedonic

To Recruitment

Lita Peters

To Respiratory Therapy

Steven Pyne

To SPD

John Breisinger

David Hanuschak

Daniel Olmstead

To Volunteer Services

Maria Dresen

Welcome Back

Grace Oberholtzer—Nursing Services

Linda Roncolato—Nursing Services

Liz Skraptis—Public Relations

Mary Jo Skrzat—Nursing Services

Debra Walicki—Laboratory



Gale Schmidt Hodavance — Editor
Jim Higgins — Associate Editor
Richard Cutshall — Associate Editor
Janet Laudenslager — Staff Assistant
Jack Dittbrenner — Photography
Patti Wetherhold — Photography



Zewan

Rosemary Orlando, R.N., is the new utilization review coordinator in the combined departments of utilization review, discharge planning, and social services.

Prior to her arrival at the Hospital Center, she had been the U.R. nurse at Hunterdon Medical Center, Flemington, New Jersey. She has staff nurse experience in critical care at Hunterdon as well, and served with the U.S. Public Health Service as a staff nurse at the Indian Hospital in Tuba City, Arizona.

Orlando is a graduate of the Easton Hospital School of Nursing.



Haas

Alan Zewan, U.R. coordinator, was recently elected president of the Quality Assurance Professionals of Eastern Pennsylvania. A graduate of the Pennsylvania State University, Zewan began at the hospital in October, 1975, as a nurses' aide. He joined the utilization review/discharge planning/social service department in June, 1978. Congratulations!

Rose Haas, R.N., employee health nurse, has been elected president of the Hospital Employee Health Nurses Association of Pennsylvania.

According to Haas, the chief organizer for the new state wide group, the membership is at 68 and growing.

Dorothy Holveck, assistant staffing coordinator, and **Deborah Brown**, coordinator of patient education, have left the Hospital Center.

Holveck, who began here in June, 1974, resigned on February 26. She will be going to the National Guard Hospital in Saudi Arabia, in charge of the critical care units. She is a graduate of the Sacred Heart Hospital School of Nursing.

Brown began her duties at the Center in November, 1980, as a float nurse on the evening shift, until March, 1981, when she assumed her present position. She is a graduate of Cedar Crest College with a B.S. in nursing.

Say yes to less!

March was the American Dietetic Association's National Nutrition Time, so lighten up! Don't totally cut out your favorite foods, just say yes to less in fats, salt and sugar!

The hospital dietary department observed the month by displaying various posters and banners on the cafeteria doors, inside the dining room near the cash registers, all with the same message—say yes to less!

Pamphlets were made available during each week on how to read labels for fat, sodium, and sugar content in foods, choosing calories wisely, and as guides to good nutrition.

And, in honor of National Nutrition Time, the recipe contest winners were named. Copies of Anne Maloney's delicious recipe for lo-cal chicken, and Cathy Weibel's lo-cal scrumptious cheese pie are available from dietary, contact Barbara Millenbruch.



In honor of National Nutrition Time, dietary sponsored a recipe contest highlighting foods with low salt, sugar and fat content. Karen Friedly, R.D. (left), stands with contest winners Cathy Weibel, R.N., and Anne Maloney, who are holding their prizes — The Family Health Cookbook! Both women's recipes have been featured on dietary's menu during March. Congratulations!

The Night We Didn't Get Home!

"Gee, grandma, tell us about the great blizzard of February '83. Our teacher was telling us about it today, and she said it was the biggest snow storm in the Lehigh Valley ever! Tell us, please!"

"Sure, children. Now sit close, and be careful with your hot chocolate..."

I remember it well. I was working on what we used to call medical/surgical units at the old Lehigh Valley Hospital Center. I just knew that when I came to work early on that Friday, the 11th of February, it was going to be an adventure. And my, my, it surely was!

You could smell the snow on its way. All the previous night, and during the morning, the weathermen on the radio—you remember radio, like the one I have upstairs that I have showed you?—and even on T.V.—although our T.V.'s were nothing like what you have now!—were telling us that it was on its way, and it was going to be a big one!

It was close to 11 in the morning when the flurries started. Big, white and dry, they were. They were accumulating on the parking areas and sidewalks faster than on the grassy areas, and they were blowing around. I even thought that it was going to really blow itself out; maybe only six or seven inches would fall. Now that I could deal with.

But it snowed, and snowed, and by two in the afternoon, that old hospital was buzzing like a beehive. People were busy working, but whenever possible, you'd see somebody looking out windows: anxious eyes, curled lips, as they assessed the worsening situation.

Some departments began to allow staff to go home; others instinctively knew not to even try!

I remember there was a ski trip—what a weekend for skiers it was, I'm sure—but I didn't ski. Bad knees, you know. And as a matter of fact, children, why don't you sit on the floor for a few minutes, but don't get too close to the fire!

Anyhow, where was I?"

"The ski trip, grandma."

"Yes, thank you. Well, it went as scheduled, to New York State, and I remember thinking that those poor souls would never get there. But they did, thank the Lord!

But back at the hospital, people that were headed home began digging out their cars, and waited in line to exit the hospital. It looked like a parade of white, lumpy floats, smoke from exhausts mixing with the white dots all around, a very eerie picture, as I recall.

Word was put out over the radio for people with four-wheel drive vehicles to help bring in the evening staff, and the

community responded fabulously. And so did our own people. There was a critical care intern who drove all Friday evening and Saturday shuffling employees to and from the hospital, and so many people stayed working double shifts; even the hospital's neighbors volunteered to walk over and help in any way that they could!

But little did we expect our night to get busier. It was indeed a time that people pulled together at the hospital, and at home.

Later that Friday evening, with the winds blowing and the snow still falling, there was a fire. Of all things. As if there was nothing else to be concerned with. Fortunately, it was small—a blood pressure cuff was laid on top of a high intensity lamp and ignited. It happened on the 7th floor, C wing, and people were there in minutes, extinguishing the fire, and moving 30 patients off the floor, away from all the smoke that occurred and the activity involved with the cleanup.

People from the floor quickly responded to the situation, as did our busy engineering and housekeeping staffs, who were already tuckered out from their snow removal duties.

Well, let me tell you that it was a hectic night. But, after things settled down, and all the patients were taken care of,

cots were taken from the hospital's Child Care Center and brought over to the main building for people to sleep on. The effects of the long day were showing on many.

Later in the evening, many people were watching a T.V. show in the auditorium—"Winds of War"—relaxing, and getting ready for a busier day on Saturday.

There was even a rumor that the director of critical care, Dr. Vincent, bought popcorn for everyone to enjoy while watching T.V.—just like the movies!

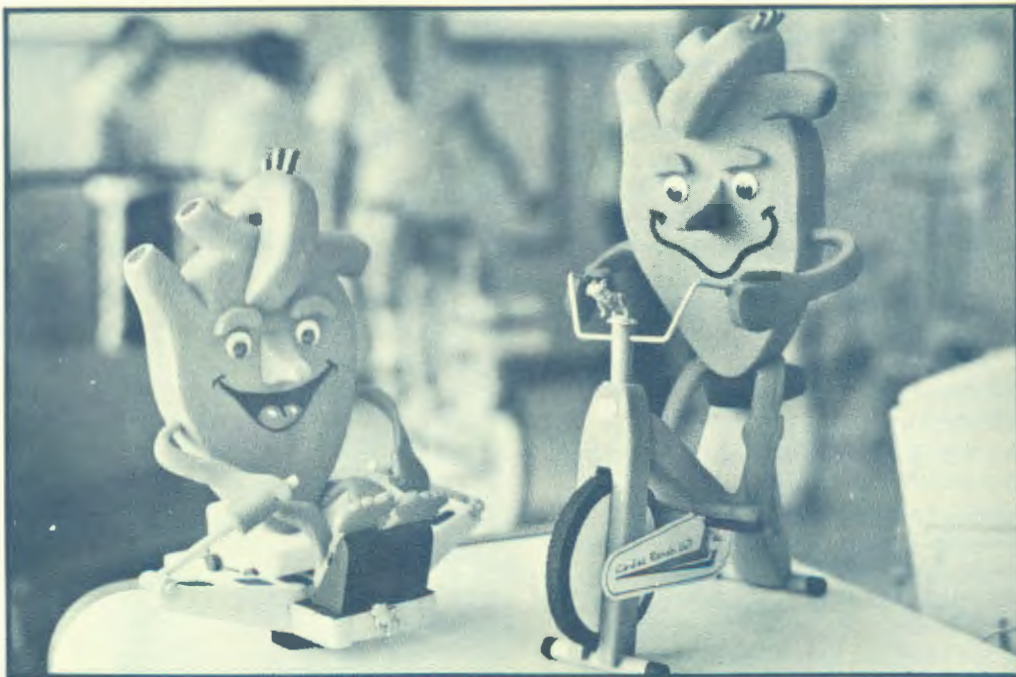
Speaking of food—even our kitchen staff stayed on, and we were all treated to free meals on Friday night and all day Saturday. And we enjoyed that!

In fact, the only thing I remember really wishing for was a deck of cards. Would you believe we couldn't find any anywhere. Oh, I wanted to play some poker. Or, even a few games of solitaire.

But, it was indeed an event to remember, and one which brought out the best in so many. A spirit of cooperation, and concern which I'll never forget. But, it's late, and you kids should be in bed and me too! So, good night!

.....

To all of our employees, volunteers and physicians, who gave so much of their time and energy when it was most needed, we thank you!



The cardiac rehabilitation unit received some very unique gifts recently. Ed Smith, a rehab patient from Allentown, made the "patients" and the exercise equipment. The busy unit runs rehab programs, from 12-24 weeks in length, with 3 specific goals: helping to control the progression of coronary artery disease, train the heart and other body organs to function at optimum levels, and to enhance the quality of patients life by developing a self-confidence and sense of well being!

Operation Argus Awards

Let's pretend that you were asked to list all the hardware you could think of that would be found in the hospital. You could go on for hours, naming everything from autotransfusion pumps to zimfoam.

With such a vast amount of equipment on hand, it's easy to overlook many items of less sophistication, such as litters and even beds.

But, for a moment, consider the value of the homely and utilitarian patient litter. Its function is so necessary, so obvious, that it's easily overlooked, and often unappreciated. In fact, the only time they earn any attention is when their numbers are few, and their popularity increases.



Argus winner Kavcac

Ron Kavcac, an equipment mechanic in engineering, understands the need for properly functioning mechanical equipment. When something is down, or in need of repair, he knows time is important. With that in mind, Ron looked into a solution for a problem that often arises within our fleet of 103 patient litters and 62 coronary care beds. The brake lever, attached to the wheel assembly, snaps off when engaged. In the past, the method of repair consisted of purchasing a complete brake and cam assembly for each wheel. An effective, but costly approach, as each unit costs \$9.80. Multiply that by the total number of wheels requiring brakes (4 per litter and bed) and the cost is \$3,234.00 per year. In looking at the problem, Ron figured that by retaining the original brake and cam assembly but welding new rivets and pads in place of the broken parts, the total cost would only be \$828.45: an annual saving of \$2,405.55. Ron's cost saving idea earned him an Operation Argus award of \$240.56, and will help to keep those litters and beds ready! Congratulations!

November 14, 1978: The first Operation Argus Award was given to two critical care nurses and a pulmonary function technician for their combined idea and investigation on using reusable syringes for blood gas analysis. Each received \$188.44 for their efforts, and the program was underway.

Since that time, there has been over \$8,000.00 given away to 17 additional winners.

The awards made have been as little as \$25.00 (November, 1981, Lynn Kuster, R.Ph., and Sue Gladfelter, R.N., 5C), and as much as \$3,124.00, (November 6, 1981, Wally Smith, respiratory therapy).

They have come from ideas as seemingly obvious as changing bed linen (March 12, 1980, Lynn Dashner, R.N., \$1,790.00), or as involved as the manufacturing of a chemical reagent for laboratory use (April 14, 1982, Teresa Huber, M.T., Gale Fritch, M.T., and Kathy Koch, M.T., \$226.08 each).

But one thing all the awards share is their reduction in costs for services, supplies, etc., that are incurred by the hospital and the subsequent savings generated from these ideas. It's an internal "watchdog" approach by the ones who know us best: ourselves. In fact, the hospital's cost reduction program became "Operation Argus" in August, 1978. A contest was held to give it a name, and Dave Schad, mailroom, had his entry selected and won the \$100 prize.

According to research done by Dave, Argus, refers to the many eyes of the earth born hero of Greek Mythology, Argus, who was appointed by Hera to watch the god, Io, who had been transformed into a cow. Slain by Hermes, Argus' many eyes were transplanted by Hera to the tail of the peacock. Because of his many eyes, Argus was known as the "all seeing," and years later, Ulysses had a watchdog named after this watchful hero.

So, right now couldn't be a better time to come up with another winner. If you have an idea, put it on an Argus suggestion form available from your department head or in the personnel department. Fill it out, return it to personnel, and the Argus Committee will investigate your idea for its feasibility.

If it proves to be a sound, safe cost reducing alternative to an existing method, you'll receive 10% of the total annual savings. An amount, as you've read, which can be significant.

Give it a try today. You, and the hospital, will be the better for it!

Occupational therapy available in physical medicine

As part of a cooperative program with the Good Shepherd Rehabilitation Hospital, a full-time occupational therapist, Mary Derstein, OTR, is now available in the physical medicine department. This is in addition to the occupational therapy program in the Burn Center. Derstein treats patients whose illnesses include head, spinal cord, and hand injuries, and strokes. Requests for Derstein's services should be sent or called into the physical medicine department. Any questions regarding availability in relation to clinical care of patients in need of occupational therapy should be directed to Christopher Lynch, M.D., director of physical therapy and rehabilitation.

Tuition reimbursement policy change

Thinking about a return to school? The hospital's tuition reimbursement policy is a great way to defray up to \$600.00 per year of your tuition costs.

A recent change to the policy has been made which bases the maximum amount on the date the course ends. For example, if a course ends in December, 1982, your 1982 \$600.00 maximum is affected. Previously, if the course ended in December, 1982, and the reimbursement check was issued in January, 1983, the 1983 maximum was affected.

For reimbursement, employees must have their proof of payment and grade into the personnel department within 60 days of the course's end or forfeit the reimbursement.

For more information, contact the personnel department, 2658.



Herbert L. Hyman, M.D., staff gastroenterologist, has been named to the National Digestive Diseases Advisory Board of the National Institutes of Health (NIH). Hyman, who was named to the board by Richard S. Schweiker, former Secretary of Health and Human Services, recently completed a four year term on the National Arthritis, Metabolism and Digestive Disease Advisory Council of the NIH.

The National Digestive Diseases Advisory Board works to assure effective uses of resources relating to digestive diseases and advises and makes recommendations to Congress.

Hyman received his medical degree from the University of Cincinnati and served a fellowship in gastroenterology at the Fels Research Institute, Temple University School of Medicine, Philadelphia. He is a fellow in the Royal Society of Medicine, London, and serves as secretary of the Pennsylvania Society of Gastroenterology.



Hyman

David Prager, M.D., has been named president of the Pennsylvania Hematology and Oncology Society, and also chairman of the Clinical Practice Committee of the American Society of Clinical Oncology.

Prager is director of the Hospital Center's hematology and coagulation laboratories, and director of the Comprehensive Community Cancer Center here and at The Allentown Hospital.

Prager is a graduate of the Chicago Medical School, and was awarded



Orlando

fellowships in hematology at the University of Washington School of Medicine, Seattle, and Long Island Jewish Hospital, New Hyde Park, New York.

He is a professor of clinical medicine at Hahnemann University School of Medicine, Philadelphia, and serves as a diplomate in several specialty areas, including the American Board of Internal Medicine, hematology and medical oncology subspecialty boards, and with the American Board of Pathology Special Competence—hematology and coagulation.



Our ten member social service staff is represented by (left to right): Mary Kozar, assistant director of social service/discharge planning, Sally Ryder, social service intern from Cedar Crest, Carol Yeager and Sheila Berg.

Social workers honored

March was National Social Work Month, and the hospital participated in this salute to the social workers in the U.S.

Our seven medical social workers and three discharge planners use their interpersonal skills in intervention with our patients and their families. Offering help in many areas, such as understanding dietary modifications and prescribed medications, illness and treatment, coping with grief and dying, and dealing with major economic setbacks as a result of a patient's health status.

The multidisciplinary practice enables today's social worker to be best described as a treatment coordinator—a switchboard linking people and interpreting information.



Coming Events

April 29 — Spring Fling
 May 13, 14, 15 — May Daze
 winebooth — try your luck!
 June 2-5 — Colonial Williamsburg —
 see article for more information.

Colonial Williamsburg

A trip to Colonial Williamsburg is being offered from June 2-5, 1983, via deluxe motorcoach transportation, with accommodations at the Williamsburg Lodge/West Wing. Also included are 3 breakfasts and 3 dinners, with admission to the historic area exhibition buildings, Busch Gardens, and a tour of the Williamsburg Pottery Factory. Baggage handling, meal gratuities, and all taxes are included.

The cost of this exceptional trip is \$339.00 per person (double occupancy) or \$305.00 per person (triple occupancy). Quad occupancy is not available. A deposit of \$50.00 will hold your reservation. Deadline for reservations is Friday, April 29. For more information, contact Janet Laudenslager in public relations at 3084.

The scoop on skiing— What a weekend!

10:30 A.M., Friday, February 11—the first snowflakes of what was to become the Blizzard of '83 began to fall.

As the day wore on, and the snow accumulated, another blizzard of phone calls, that is, was underway in the public relations office as anxious skiers called, inquiring if the trip was still on. Indeed it was, and at about 3:30 P.M., two buses pulled into the medical office building parking lot. They were greeted by 75 frozen but anxious passengers ready to load their luggage and ski equipment. The buses left the Hospital Center parking lot at 4:20 P.M., and were headed to the Catskills.

After trekking five hours on snow covered highways with a lively and cheerful bus load of passengers, the first bus pulled into the driveway of the Kingston Holiday Inn with the second bus close behind.

Fortunately, it was an uneventful trip, considering the weather, and all of the "trekkies" were treated to a welcome party at the inn. The weekend was officially underway!

Some late night dancing and relaxing, a hardy smorgasbord buffet breakfast in the morning, and then it was off to the slopes.

Short lift lines due to the uncertainty of the weather and the new snow made for a fabulous day of skiing for nearly all of the 75 people on the trip.

A return to the inn for happy hour, then a super dinner, and before we knew it, it was off to the disco for those who enjoyed dancing. Other activities included swimming, relaxing those worn out muscles (and bumps and bruises) in the sauna and whirlpool, or just enjoying the clean mountain air!



Mogul Meisters! posing for posterity are, front row, left to right: Denise Koch, Deb Duchodni, infection control, and George Guldin, respiratory therapy. Back row, left to right, are, Donna Hedash, shock/trauma unit, Keith Landis, critical care, Kim Morstatt, nursing services, Doug Moore, and Joe Golden, flight medic.

Sunday morning meant a return to the slopes for those serious skiers, or another day of indoor sports for those less hardy souls.

At 5:20 P.M., we were all homeward bound, a bit worn, a little tired, but a lot concerned about the blizzard conditions awaiting us back home.

To our surprise, our fantastic snow crew from the hospital had plowed most of our cars out, and there was little need for concern.

A special thanks to all those who made the ski weekend a terrific time. For those who missed it—there's always next year!

"Let Us Tell You Where To Go"

Ever need a helping hand? Perhaps someone to bridge the gap between what you need and where you'll get it?

If so, consider calling the Valley Wide Help information and referral service. Their slogan is appropriately "Let us tell you where to go." When callers dial "HELP-111" (435-7111), they speak with a staff member who identifies the caller's needs and locates available resources to deal with their problems. Unlike a "listening service" that provides counseling by phone for people with problems, Valley Wide Help assists people by referring them to organizations and agencies that can meet their specific needs.

As a referral source for Valley Wide Help, the Hospital Center provides service and assistance in clinical areas, medical emergencies, wellness and other hospital related service. According to Diane Jepsen, coordinator of Valley Wide Help, they work very closely with our social service department. Hospital inpatients also call the service themselves for direct referrals.

Valley Wide Help is located at 1244 Hamilton Street in Allentown, and has been in operation since 1976. They serve Lehigh and Northampton counties in Pennsylvania and Warren County in New Jersey. The funding for the program comes from the Lehigh County and Northampton/Warren county and Northampton County Departments of Human Resources.

Diabetes Education

The Diabetes Education Program will feature a special class in addition to its normal monthly schedule.

A self blood sugar testing class will be held from 7:00-8:30 P.M., on April 25, 26 and 28.

This class will be held in the Hospital Center auditorium.

The program will also continue its Monday evening classes, 7:00-8:30 P.M., and its Thursday morning classes, 9:00-11:30 A.M.

The classes educate anyone with diabetes and their families on new and basic information for adult and pediatric diabetes. Classes are taught by physicians, nurses, and dietitians experienced in diabetes care.

Cost is \$5.00 which covers the person with diabetes and any accompanying family members. To register, call 821-2639.

Oncology courses scheduled

The Comprehensive Community Cancer Center will be sponsoring several oncology programs in the next few months:

Head and Neck Update: 1983
Wednesday, April 27, 1983, Allentown Hilton, 8:00 A.M.-5:00 P.M., \$60.00 fee.

Cancer Update 1983: Pain Control,
Wednesday, May 11, 1983, Hospital Center auditorium, 10:00 A.M.-12:00 Noon.

For further information on any of these programs, contact the Comprehensive Community Cancer Center at 2582.

Teaching cassette available

"Urinary unidiversion" is the latest in the series of educational videocassettes entitled "Visits in Urology" now available in the library. The teaching cassette was donated by Norwich-Eaton Pharmaceuticals.

Lehigh Valley Hospital Center
a subsidiary of HealthEast, Inc.
P.O. Box 689
1200 S. Cedar Crest Blvd.
Allentown, PA 18105

BOARD OF DIRECTORS

Richard Fleming
President
Daniel Gambet
Vice-President
Donald Wohlsen
Treasurer
Ellwyn Spiker
Secretary
Valeria Boyer
Jack Greenblat
Lloyd Jones
Indru Khubchandani
A. Malcolm MacMillan
Walter Okunski
Donna Pidcock
Alan Schragger
Stanley Zeeman

Morton Schneider
Chairman Emeritus

Spring course schedule

"It Starts With You" Courses

Educational Development has put this multi-session course together to help all of us communicate more effectively. Courses in the series that are still open are Communications, April 21, and Patient/Staff Relations at which Joseph Vincent, M.D. will speak, April 28. Both courses will be held from 1:30-3:30 P.M. in Classroom 2.

C.P.R. Certification (open to all non-nursing personnel)

Learn one and two person adult C.P.R., infant and child C.P.R., and airway obstruction procedures. Two classes required (3 hours each). To be offered twice, April 25 and 27 from 9:00 A.M.-Noon, Hospital Center auditorium and May 11 and 12 from 10:00 A.M.-1:00 P.M., Classroom 1.

C.P.R. Recertification (open to all non-nursing personnel)

Because C.P.R. procedures are constantly being changed and improved, recertification is necessary every one to two years. Requires one class (3 hours). Classes will be held April 28 and May 18 from 1:30-4:30 P.M. in Classroom 1 and May 23 from 10:00 A.M.-1:00 P.M. in Classroom 2.

Advanced Cardiac Life Support Provider Course

Open to physicians, nurses, and paramedics, this course picks up where basic C.P.R. leaves off. A.C.L.S. provides training in assessment and treatment of acute life threatening cardiac conditions. Two day classes will be held at the Hospital Center Trauma Center May 14 and 15; October 22 and 23. Classes will be held at The Allentown Hospital Emergency Center on September 17 and 24; November 19 and 20. Classes run from 8:00 A.M.-5:00 P.M. and cost \$75.00.

Medical Terminology

A quick but effective way to get comfortable with medical terminology. Classes will be held in Classroom 1 from 9:00-10:30 A.M. May 4, 11, 18, 25, June 1, 8, 15.

Making Effective Presentations

Improve your preparation and presentation skills leading to more logical and condensed delivery of your message. May 3 from 1:00-3:30 P.M., Classroom 1.

For course registration and further information about these courses contact educational development (ext. 2026).

Non Profit
U.S. Postage Paid
Permit No. 1922
Allentown, PA
18105